

5 Minutes with Mary Barson...



What do you love about living on the coast?

- I love that it is a great place to raise a family. The beach, the space, the bush, the community, these elements create a wonderfully rounded childhood.

How do you manage the demands of work, study and being a busy mum?

- As with all working parents, I do this with difficulty. I regularly set aside time to re-connect with my daughter, we jump on the trampoline, play with blocks, go for a walk, or chill out on the hammock. This is invariably the best part of my day.

What do you love most about what you do?

- It is extremely interesting. Every day, every consultation is something different. Every person is unique. I can never be bored and must always be on my toes.

As well as my specialist GP training, I have post graduate training in Paediatrics, Palliative Medicine, Psychiatry, Emergency Medicine and Skin Surgery. I get to use these skills every day. General Practice is always challenging, always interesting and (nearly) always fun.

How do you feel about public speaking?

-I love it. I'm a frustrated thespian.

What's something most people don't know about you?

-I play the tin whistle. My love of Irish music runs deep. Rigs, Reels, Jigs, Irish rebel music and Celtic rock, I can't get enough.

