Reflections on my (approaching) Retirement.....

Wow, 36 years ago I commenced my doctoring life as a resident Doctor at Geelong Hospital, and my GP life stated 3 years later.

In that time I have watched my 3 sons grow to adulthood, managing the "working single parent" life challenges.

I have also watched and tried to adapt to the massive changes in the medical world and the computer technology – with minimal success!

I have embraced the chance to assist people with preventive, holistic and mindful processes of self-care – and now I am looking forward to the opportunity to "live for me! And get to do many of the activities I have missed.

My love of all things creative will get a chance to flourish – I hope! Drawing, painting, patchworking and gardening in our large rural space...and friends/family time.

I will not miss my hour commute (and living out of my overnight bag) between Jan Juc and Shelford, but will love the stability of time with my partner, Roger, in "1 place", and spend more time helping with his fine Merino sheep duties, conservation work and our native grasslands and travelling opportunities in our camper – and "me time".

I am very grateful for the love and support I have received at KMM over seven and a half years, and wish everyone good health and happiness.

Take Care,



